

ふりがな

みやもと ゆり

氏名

宮本 百合

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## 1. 学歴

- 1998年 京都大学 総合人間学部 卒業
- 2001年 京都大学 人間・環境学研究科 修士課程修了
- 2006年 ミシガン大学 心理学部 博士課程修了

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## 2. 職歴・研究歴

- 2006年 京都大学 教育学研究科 日本学術振興会特別研究員 PD
- 2006年 ウィスコンシン大学マディソン校 心理学部 助教授
- 2012年 ウィスコンシン大学マディソン校 心理学部 准教授
- 2017年 ウィスコンシン大学マディソン校 心理学部 教授
- 2019年 一橋大学 社会学研究科 特任教授
- 2020年 一橋大学 社会学研究科 教授

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## 3. 学内教育活動

### (A) 主な担当講義名

#### (a) 学部学生向け

- ・社会心理学Ⅱ (心理的分野)
- ・Cultural Psychology

#### (b) 大学院

- ・社会心理学
- ・Cultural Psychology

### (B) ゼミナール

- ・導入ゼミナール
- ・社会研究入門ゼミナール

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## 4. 主な研究テーマ

社会・文化心理学、社会・文化的文脈と社会構造が感情、認知、健康へ与える影響

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## 5. 研究活動

### A. 業績

#### (a) 著書・編著

「Well-being and health: A cultural psychology of optimal human functioning」 S. Kitayama & D. Cohen (Eds.) 『Handbook of Cultural Psychology (2nd Ed.)』 Guilford, 2019, pp. 319-342.

「Culture, emotions, and health」 C. D. Ryff & R. Krueger (Eds.) 『Oxford Handbook of Integrative Health Science』

- Oxford University Press, 2018, pp. 367-378.
- 「Dialectical emotions」 J. Spencer-Rodgers, & K. Peng (Eds.) 『The Psychological and Cultural Foundations of East Asian Thinking: Contradiction, Change, and Holism』 Oxford University Press, 2018, pp. 509-546.
- 「社会と文化の影響」 子安増生・楠見孝・斎藤智・野村理朗 (編) 『教育認知心理学の展望』 ナカニシヤ出版, 2016, pp. 269-283.
- 「Culture and the promotion of well-being in East and West: Understanding varieties of attunement to the surrounding context」 G. A. Fava & C. Ruini (Eds.) 『Increasing Psychological Well-being in Clinical and Education Settings: Interventions and Cultural Contexts』 Springer, 2014, pp. 1-19.
- 「文化と認知」 下山晴彦 (編集代表) 『誠信心理学辞典新版』 誠信書房, 2014, pp. 845-847.
- 「Cultural perspectives」 J. DeLamater & A. Ward (Eds.) 『Handbook of Social Psychology (2nd Ed.)』 Springer, 2013 pp. 595-624.
- 「Cultural differences and their mechanisms」 D. Reisberg (Ed.) 『Oxford Handbook of Cognitive Psychology』 Oxford University Press, 2013, pp. 970-985.
- 「Cultural differences in perception」 T. Bayne, A. Cleeremans, & P. Wilken (Eds.) 『Oxford Companion to Consciousness』 Oxford University Press, 2009, pp. 212-214.
- 「Individualism and collectivism」 K. Scherer & D. Sander (Eds.) 『Oxford Companion to Emotion and the Affective Sciences』 Oxford University Press, 2009, pp. 215-217.

## (b) 論文

- \* Yoo, J., Martin, J., Niedenthal, P., & Miyamoto, Y. (in press). Valuation of emotion underlies cultural variations in cardiovascular stress responses. *Emotion*.
- \* Yoo, J., & Miyamoto, Y., Lee, J., & Evers, U., & Wong, N. (2021). Does materialism hinder relational well-being? The role of culture and social motives. *Journal of Happiness Studies*, 22, 241-261.
- \* Choi, J., Miyamoto, Y., & Ryff, C. (2020). A cultural perspective on functional limitations and well-being. *Personality and Social Psychology Bulletin*, 46, 1378-1391.
- \* Coe, C. L., Miyamoto, Y., Love, G. D., Karasawa, M., Kawakami, N., Kitayama, S., & Ryff, C. D. (2020). Cultural and life style practices associated with low inflammatory physiology in Japanese adults. *Brain, Behavior, and Immunity*, 90, 385-392.
- \* Wilken, B., & Miyamoto, Y. (2020). Protestant and Buddhist differences in noninfluence strategies of emotion regulation and their links to depressive symptoms. *Emotion*, 20, 804-817.
- \* Park, J., Kitayama, S., Miyamoto, Y., & Coe, C. L. (2020). Feeling bad is not always unhealthy: Culture moderates the link between negative affect and diurnal cortisol profiles. *Emotion*, 20, 721-733.
- \* Clobert, M., Sims, T. L., Yoo, J., Miyamoto, Y., Markus, H. R., Karasawa, M., & Levine, C. (2020). Feeling excited or taking a bath: Do distinct pathways underlie the positive affect-health link in the US and Japan? *Emotion*, 20, 164-178.
- \* Komiya, A., Ozono, H., Watabe, M., Miyamoto, Y., Ohtsubo, Y., & Oishi, S. (2020). Socio-ecological hypothesis of reconciliatory tactics: Cultural, individual, and situational variations in willingness to accept apology or compensation. *Frontiers in Psychology*, 11, 1761.
- \* Miyamoto, Y., & Kitayama, S. (2018). Cultural differences in correspondence bias are systematic and multifaceted. *Advances in Methods and Practices in Psychological Science*, 1(4), 497-498.
- \* Miyamoto, Y., Yoo, J., Levine, C. S., Park, J., Boylan, J. M., Sims, T., Markus, H. R., Kitayama, S., Kawakami, N., Karasawa, M., Coe, C. L., Love, G. D., & Ryff, C. D. (2018). Culture and social hierarchy: Self- and other-oriented correlates of socioeconomic status across cultures. *Journal of Personality and Social Psychology*, 115, 427-445.

- \* Kitayama, S., Park, J., Miyamoto, Y., Date, H., Boylan, J. M., Markus, H. R., Karasawa, M., Kawakami, N., Coe, C. L., Love, G. D., & Ryff, C. D. (2018). Behavioral adjustment moderates the link between neuroticism and biological health risk: A US–Japan comparison study. *Personality and Social Psychology Bulletin*, *44*, 809-822.
- \* Yoo, J., & Miyamoto, Y. (2018). Cultural fit of emotions and health implications: A psychosocial resources model. *Social and Personality Psychology Compass*, *12*, e12372.
- \* Ma, X., Tamir, M., & Miyamoto, Y. (2018). Socio-cultural instrumental approach to emotion regulation: Culture and the regulation of positive emotions. *Emotion*, *18*, 138-152.
- \* Yoo, J., Miyamoto, Y., Rigotti, A., & Ryff, C. D. (2017). Linking positive affect to blood lipids: A cultural perspective. *Psychological Science*, *28*, 1468-1477.
- \* Miyamoto, Y. (2017). Culture and social class. *Current Opinion in Psychology*, *18*, 67-72.
- \* Miyamoto, Y., Ma, X., & Wilken, B. (2017). Cultural variation in pro-positive versus balanced systems of emotions. *Current Opinion in Behavioral Sciences*, *15*, 27-32.
- \* Boylan, J. M., Tsenkova, V. K., Miyamoto, Y., & Ryff, C. D. (2017). Psychological resources and glucoregulation in Japanese adults: Findings from MIDJA. *Health Psychology*, *36*, 449-457.
- \* Tominaga, H., Uchida, Y., Miyamoto, Y., & Yamasaki, T. (2017). Negative affect during a collective (but not an individual) task is associated with holistic attention in East Asian cultural context. *Frontiers in Psychology*, *8*, 1283.
- \* Yoo, J., Miyamoto, Y., & Ryff, C. (2016). Positive affect, social connectedness, and healthy biomarkers in Japan and the U.S. *Emotion*, *16*, 1137-1146.
- \* Eisen, C., Ishii, K., Miyamoto, Y., Ma, X., & Hitokoto, H. (2016). To accept one's fate or be its master: Culture, control, and workplace choice. *Frontiers in Psychology*, *7*, 936.
- \* Levine, C. S., Miyamoto, Y., Markus, H. R., Park, J., Kitayama, S., Kawakami, N., Karasawa, M., Boylan, J. M., Coe, C. L., Love, G. D., & Ryff, C. D. (2016). Culture and healthy eating: The role of independence and interdependence in the United States and Japan. *Personality and Social Psychology Bulletin*, *42*, 1335-1348.
- \* Rychlowska, M., Miyamoto, Y., Matsumoto, D., Hess, U., Gilboa-Schechtman, E., Kamble, S., Muluk, H., Masuda, T., & Niedenthal, P. (2015). Heterogeneity of long-history migration explains cultural differences in reports of emotional expressivity and the functions of smiles. *Proceeding of National Academy of Science*, *112*, E2429-E2436.
- \* Ryff, C. D., Miyamoto, Y., Boylan, J. M., Coe, C. L., Karasawa, M., Kawakami, N., Kan, C., Love, G. D., Levine, C. S., Markus, H. R., Park, J., & Kitayama, S. (2015). Culture, inequality, and health: Evidence from the MIDUS and MIDJA comparison. *Culture and Brain*, *3*, 1-20.
- \* Kitayama, S., Park, J., Boylan, J. M., Miyamoto, Y., Levine, C. S., Markus, H. R., Karasawa, M., Coe, C. L., Kawakami, N., Love, G. D., & Ryff, C. (2015). Anger expression and ill-health in two cultures: An examination of inflammation and cardiovascular risk. *Psychological Science*, *26*, 211-220.
- \* Miyamoto, Y., Ma, X., & Petermann, A. G. (2014). Cultural differences in hedonic emotion regulation after a negative event. *Emotion*, *14*, 804-815.
- \* Curhan, K. B., Sims, T., Markus, H.R., Kitayama, S., Karasawa, M., Kawakami, N., Love, G., Coe, C. L., Miyamoto, Y., & Ryff, C.D. (2014). Just how bad negative affect is for your health depends on culture. *Psychological Science*, *25*, 2277-2280.
- \* Ishii, K., Miyamoto, Y., Rule, N. O., & Toriyama, R. (2014). Physical objects as a vehicle of cultural transmission: Maintaining harmony and uniqueness through colored geometric patterns. *Personality and Social Psychology Bulletin*, *40*, 175-188.
- \* Curhan, K. B., Levine, C. S., Markus, H. R., Kitayama, S., Park, J., Karasawa, M., Kawakami, N., Love, G. D., Coe, C. L., Miyamoto, Y., & Ryff, C. D. (2014). Subjective and objective hierarchies and their relations to psychological well-being:

A US/Japan comparison. *Social Psychological and Personality Science*, 5, 855-864.

- \* Kan, C., Kawakami, N., Karasawa, M., Love, G. D., Coe, C. L., Miyamoto, Y., Ryff, C. D., Kitayama, S., Curhan, K. B., & Markus, H. R. (2014). Psychological resources as mediators of the association between social class and health: Comparative findings from Japan and the U.S. *International Journal of Behavioral Medicine*, 21, 53-65.
- \* Uchida, Y., Ueno, T., & Miyamoto, Y. (2014). You were always on my mind: The importance of “significant others” in the attenuation of retrieval-induced forgetting in Japan. *Japanese Psychological Research*, 56, 263-274.
- \* Miyamoto, Y., Boylan, J. M., Coe, C. L., Curhan, K., Levine, C. S., Markus, H. R., Park, J., Kitayama, S., Kawakami, N., Karasawa, M., Love, G. D., & Ryff, C. (2013). Negative emotions predict elevated interleukin-6 in the United States but not in Japan. *Brain, Behavior, and Immunity*, 34, 79-85.
- \* Park, J., Kitayama, S., Markus, H. R., Coe, C. L., Miyamoto, Y., Karasawa, M., Curhan, K., Love, G. D., Kawakami, N., Boylan, J. M., & Ryff, C. D. (2013). Social status and anger expression: The cultural moderation hypothesis. *Emotion*, 13, 1122-1131.
- \* Komiya, A., Watabe, M., Miyamoto, Y., & Kusumi, T. (2013). Cultural differences in the action effect. *Social Cognition*, 31, 562-577.
- \* Park, J., Kitayama, S., Curhan, K., Markus, H. R., Kawakami, N., Miyamoto, Y., Love, G. D., Coe, C. L., & Ryff, C. (2013). Clarifying the links between social support and health: Culture, stress, and neuroticism matter. *Journal of Health Psychology*, 18, 226-235.
- \* Miyamoto, Y., Knoopfner, C., Ishii, K., & Ji, L. J. (2013). Cultural variation in the focus on goals versus processes of actions. *Personality and Social Psychology Bulletin*, 39, 707-719.
- \* Miyamoto, Y. (2013). Culture and analytic versus holistic cognition: Toward multilevel analyses of cultural influences. *Advances in Experimental Social Psychology*, 47, 131-188.
- \* Ryff, C. D., Friedman, E., Fuller-Rowell, T., Love, G., Miyamoto, Y., Morozink, J., Radler, B., Tsenkova, V. (2012). Varieties of resilience in MIDUS. *Social and Personality Psychology Compass*, 6, 792-806.
- \* Miyamoto, Y., & Ma, X. (2011). Dampening or savoring positive emotions: A dialectical cultural script guides emotion regulation. *Emotion*, 11, 1346-1357.
- \* Miyamoto, Y., & Ji, L. J. (2011). Power fosters context-independent, analytic cognition. *Personality and Social Psychology Bulletin*, 37, 1449-1458.
- \* Ishii, K., Miyamoto, Y., Niedenthal, P. M., & Mayama, K. (2011). When your smile fades away: Cultural differences in sensitivity to the disappearance of smiles. *Social Psychological and Personality Science*, 2, 516-522.
- \* Komiya, A., Miyamoto, Y., Watabe, M., & Kusumi, T. (2011). Cultural grounding of regret: Regret in self and interpersonal contexts. *Cognition and Emotion*, 25, 1121-1130.
- \* Miyamoto, Y., Yoshikawa, S., & Kitayama, S. (2011). Feature and configuration in face processing: Japanese are more configural than Americans. *Cognitive Science*, 35, 563-574.
- \* Shechter, O., Durik, A. M., Miyamoto, Y., & Harackiewicz, J. M. (2011). The role of utility value in achievement behavior: The importance of culture. *Personality and Social Psychology Bulletin*, 37, 303-317.
- \* Wilken, B., Miyamoto, Y., & Uchida, Y. (2011). Cultural differences in the preference consistency at both individual and collective levels. *Journal of Consumer Psychology*, 21, 346-353.
- \* Miyamoto, Y., & Ryff, C. (2011). Cultural differences in the dialectical and non-dialectical emotional styles and their implications for health. *Cognition and Emotion*, 25, 22-30.
- \* Miyamoto, Y., Uchida, Y., & Ellsworth, P. C. (2010). Culture and mixed emotions: Co-occurrence of positive and negative emotions in Japan and the U.S. *Emotion*, 10, 404-415.
- \* Miyamoto, Y., & Wilken, B. (2010). Culturally contingent situated cognition: Influencing others fosters analytic perception

in the U.S. but not in Japan. *Psychological Science*, 21, 1616-1622.

- \* Miyamoto, Y., & Schwarz, N. (2006). When conveying a message may hurt the relationship: Cultural differences in the difficulty of using an answering machine. *Journal of Experimental Social Psychology*, 42, 540-547.
  - \* Miyamoto, Y., Nisbett, R. E., & Masuda, T. (2006). Culture and the physical environment: Holistic versus analytic perceptual affordances. *Psychological Science*, 17, 113-119.
  - \* Nisbett, R. E., & Miyamoto, Y. (2005). The influence of culture: Holistic versus analytic perception. *Trends in Cognitive Science*, 9, 467-473.
  - \* Morling, B., Kitayama, S., & Miyamoto, Y. (2003). American and Japanese women use different coping strategies during normal pregnancy. *Personality and Social Psychology Bulletin*, 29, 1533-1546.
  - \* Miyamoto, Y., & Kitayama, S. (2002). Cultural variation in correspondence bias: The critical role of attitude diagnosticity of socially constrained behavior. *Journal of Personality and Social Psychology*, 83, 1239-1248.
  - \* Morling, B., Kitayama, S., & Miyamoto, Y. (2002). Cultural practices emphasize influence in the U.S. and adjustment in Japan. *Personality and Social Psychology Bulletin*, 28, 311-323.
- 北山忍 & 宮本百合 (2000). 文化心理学と洋の東西の巨視的比較：現代的意義と実証的知見. *心理学評論* 43, 57-81.

## B. 本研究科着任後の研究活動（着任 2020 年）

### （a）国内外学会発表

- \* [招待講演] 「Culture and Emotion: Pro-Positive versus Balanced Systems of Emotions」 プリンストン大学、東アジア研究所 (2021.2.18)
- \* [招待講演] 「Culture and Aesthetic Emotions: Perceiving Meaning and Beauty in the Transience」 Society for Personality and Social Psychology 学会、Emotion Preconference (2021.2.9)

### （b）国内研究プロジェクト

- ・ 国際共同研究加速基金（帰国発展研究）、「無常観と感情様式」（研究代表者）, 2021.4-2024.3
- ・ リクルートワークス研究所「生き生き働くプロジェクト」（研究委員）, 2020-2021

### （c）国際研究プロジェクト

- ・ National Science Foundation, 「Cognitive, physiological, and mental health implications of cultural variation in emotion systems」（研究代表者・研究協力者）, 2019.9-2021.6

## C. 受賞

- ・ Fellow, Association for Psychological Science, 2018
- ・ Fellow, Society for Personality and Social Psychology, 2018
- ・ 国際賞奨励賞, 日本心理学会, 2018
- ・ 優秀論文賞 (Uchida, Y., Ueno, T., & Miyamoto, Y. (2014). You were always on my mind: The importance of “significant others” in the attenuation of retrieval-induced forgetting in Japan. *Japanese Psychological Research*, 56, 263-274. に対して) , 日本心理学会, 2015
- ・ Award for Excellence in Teaching, Department of Psychology, University of Wisconsin-Madison, 2010
- ・ UROP Faculty Awards for Outstanding Research Mentorship, Undergraduate Research Opportunity Program, University of Michigan, 2006

- ・ Philip Brickman Memorial Prize for Research in Social Psychology, Department of Psychology, University of Michigan, 2005

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## 6. 学内行政

### (B) 学内委員会

- ・ 入試管理委員（共通テストと一般選抜前期日程担当）, 2020 年度

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## 7. 学外活動

### (b) 所属学会および学術活動

#### 所属学会

- ・ 日本心理学会
- ・ 社会心理学会
- ・ Association for Psychological Science
- ・ Society for Affective Science
- ・ Society for Personality and Social Psychology
- ・ Society of Experimental Social Psychology
- ・ International Association for Cross-Cultural Psychology

#### 役職歴

- ・ Society for Affective Science, 審査委員, 2021
- ・ Society for Affective Science, プラニング委員, 2019
- ・ Society for Affective Science, 文化と感情プレコンファレンス主催者, 2019
- ・ Society for Personality and Social Psychology, シンポジウム審査委員, 2019
- ・ International Association for Cross-Cultural Psychology, Scientific 委員, 2016
- ・ International Association for Cross-Cultural Psychology, プログラム委員, 2016
- ・ Society for Personality and Social Psychology, 文化心理学プレコンファレンス主催者, 2012-2015
- ・ アジア社会心理学会・日本グループ・ダイナミックス学会事務局補助, 1997

#### 学術雑誌編集

- ・ Social Psychological and Personality Science (Impact Factor = 4.38), 副編集長, 2019-
- ・ Journal of Personality and Social Psychology (Impact Factor = 6.32), 編集委員, 2014-
- ・ Psychological Science (Impact Factor = 5.37), 編集委員, 2012-2019
- ・ Personality and Social Psychology Bulletin (Impact Factor = 2.96), 編集委員, 2009-
- ・ Frontiers in Cultural Psychology (Impact Factor = 2.07), 編集委員, 2010-2018
- ・ Social Psychological and Personality Science (Impact Factor = 4.38), 編集委員, 2012-2013

### (e) その他（公的機関・各種団体・民間企業等における講演等）

- ・ 「役職と Well-Being と健康」リクルートワークス研究所・二次分析研究会（2020 年 11 月）
- ・ 「役職の功罪」リクルートワークス研究所・二次分析研究会（2021 年 3 月）

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## 9. 一般的言論活動

- ・ 2018.6.14 「表情豊かな米国人」 特派員メモ, 朝日新聞
- ・ 2017.9.20 “Does Happiness Really Make You Healthier? It Depends on Where You Live”, New York Magazine.
- ・ 2017.9.7 “Link between positive emotions and health depends on culture”, Science Daily.